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# United States Patent [19]

## Wai-Chung

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### [54] BODY REST STRUCTURES

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2P1

[\*] Notice: This patent issued on a continued prosecution application filed under 37 CFR 1.53(d), and is subject to the twenty year patent term provisions of 35 U.S.C. 154(a)(2).

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### Related U.S. Application Data

[63] Continuation-in-part of application No. 08/966,024, Nov. 7, 1997, abandoned.

[51] Int. Cl.<sup>7</sup> A47C 20/00

[52] U.S. Cl. 5/632; 5/638; 5/640; 5/652.1; 5/657

[58] Field of Search 5/630, 632, 638, 5/640, 725, 731, 733, 735, 652, 652.1, 657

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### [57] ABSTRACT

A body rest structure includes a torso support for supporting the torso of a human body in a prone, elevated position which serves to induce a mild stretch of the user's thoracic and lumbar vertebrae. The torso support includes an upper chest and shoulder support platform and a lumbar support platform. An open region extends longitudinally between the platforms to provide room for at least a portion of the weight of the chest below the shoulders to pull down on the body between the platforms. The support may include a rear supporting surface to provide lifting support from below the hips and abdomen of the body. A head support for supporting the head of the body in a downwardly facing position when the torso is supported by the torso support is also disclosed. The head support includes a front portion for providing lifting support to the forehead of the body, and parallel opposed side portions for supporting opposed sides of the face. Each side portion has an upper surface that slopes upwardly from the front portion of the head support to the associated distal end of the side portion.

19 Claims, 6 Drawing Sheets

